

Promilk FAQs

- **How much protein does Promilk contain per serving?**

Per serving of 200 ml of Promilk contains 8 g of protein.

- **Is Promilk natural, or are proteins added artificially?**

Promilk has all-natural milk protein, and no artificial protein is added to the product.

- **Is Promilk fortified with any vitamins or minerals?**

Yes, Promilk is fortified with Vitamin A & D.

- **Is there any safety or health concern while drinking this Promilk?**

Since the product is made with all natural ingredients of milk, hence it is safe to consume, in case there are any issues, one must consult doctor basis his/ her physiological needs.

- **Is Promilk suitable for daily consumption for all age groups?**

Yes, per serving of 200 ml of Promilk contains 8 g of protein which meets 15% of RDA for Adult Man, 17-18% of RDA for woman and 35% of RDA for 7-9 years children.

- **Can children, elderly people, and pregnant women consume Promilk?**

Yes, depending on physiological needs all age groups can drink this Promilk.

- **Is it suitable for lactose-intolerant individuals?**

No, since this Promilk is made of all milk nutrients like protein, lactose, etc. it is not suitable for lactose intolerant individuals.

- **What is Promilk's contribution to fulfilling the average individual's protein needs?**

Per serving of 200 ml of Promilk contains 8 g of protein which meets 15% of RDA for Adult Man, 17-18% of RDA for woman and 35% of RDA for 7-9 years children.